

CUET UG – 2022

Psychology

**Question : 1**

Ravindra is 'Street Smart' as he is high on the ability to deal with environment demands encountered on a daily basis. He exhibits which type of intelligence according to Robert Sternberg ?

- A Experiential
- B Creativity
- C Componential
- D Contextual

**Question : 2**

The evidence for the genetic influence on intelligence comes from study of twins. Arrange the correlation dependent findings in descending order.

- A. Fraternal twins reared together
- B. Identical twins reared together
- C. Brothers, sisters reared together
- D. Siblings reared apart
- E. Identical twins reared in different environments

Choose the correct answer form the options given below:

- A B, C, A, D, E
- B B, C, D, A, E
- C B, E, A, C, D
- D E, B, C, D, A

**Question : 3**

Highly talented people are sometimes called \_\_\_\_\_.

- A Superior
- B Gifted
- C Prodigies
- D Intellectually gifted

**Question : 4**

Raven's Progressive Matrices Test is an example of \_\_\_\_\_.

- A Group Test
- B Verbal Test
- C Non-verbal Test
- D Performance Test

**Question : 5**

Which of the following statements are true about creativity ?

- A. Genetic factors play an important role
- B. Nurture affects creativity
- C. Creativity involves high emotional intelligence
- D. Creativity involves convergent thinking
- E. A minimum level of intelligence is required for creativity but beyond that intelligence doesn't matter.

Choose the correct answer form the options given below:

- A B, D and E only
- B A, B and E only
- C A, B and C only
- D B, C and E only

Question : 6

Question:

Match the features of various people in List I with the type of intelligence in List II

List I (Features of People)	List II (Type of Intelligence)
A. Rahul is 'word-smart' as he can create linguistic images in his mind	I. Naturalistic Intelligence
B. Neha can think logically and critically as she can manipulate symbols to solve problems.	II. Interpersonal Intelligence
3. Mansi understands the feelings of other people. She has the ability to bond into a comfortable relationship.	III. Linguistic Intelligence
4. Anish recognizes the beauty of different species of flora and fauna.	IV. Logical – Mathematical Intelligence

Choose the correct answer from the options given below:

A A-I, B-II, C-III, D-IV

B A-II, B-III, C-IV, D-I

C A-IV, B-III, C-I, D-II

D A-III, B-IV, C-II, D-I

**Question : 7**

Match the various theories of Intelligence in List I with the psychologists associated with the same in the List II.

List I (Intelligence Theories)	List II (Psychologists)
A. Hierarchical Model of Intelligence	I. Louis Thurstone
B. Two – Factor Theory	II. Arther Jensen
C. Theory of Primary Mental Abilities	III. J.P. Guilford
D. Structure of Intellect Model	IV. Charles Spearman

Choose the correct answer from the options given below:

- A A-III, B-II, C-IV, D-I
- B A-IV, B-II, C-III, D-I
- C A-I, B-II, C-III, D-IV
- D A-II, B-IV, C-I, D-III

**Question : 8**

The notion of self-efficacy is related to \_\_\_\_\_ .

- A Classical conditioning theory
- B Psychodynamic theory
- C Social learning theory
- D Analytical psychology

**Question : 9**

Match List I with List II

<b>List I (Construct)</b>	<b>List II (Description)</b>
A. Self-esteem	I. Ability to organize and monitor our own behaviour
B. Self-regulation	II. Ideas about our own attributes and our self perception
C. Self-concept	III. Belief in our own ability to perform the task
D. Self-efficacy	IV. Judgement about our own value or worth

Choose the correct answer from the options given below:

- A** A-IV, B-I, C-II, D-III
- B** A-I, B-II, C-IV, D-III
- C** A-II, B-III, C-IV, D-I
- D** A-II, B-III, C-I, D-IV



**Question : 10**

Krish has unconscious aggressive feelings towards his father. He however refuses to accept this and instead feels that his father is very aggressive towards him. According to psychodynamic theory, which ego defence mechanism does it reflect ?

- A Repression
- B Denial
- C Projection
- D Rationalization

**Question : 11**

16 PF questionnaire is based upon:

- A Type Approach
- B Trait Approach
- C Behavioral Approach
- D Psychodynamic Approach

**Question : 12**

Which of the following is true about the relationship between culture and self with respect to Western and Asian/Indian cultures ?

- A. The western views seems to hold clear dichotomies between self and other.
- B. In the Asian culture, the self and the group exist as two different entities with clearly defined boundaries.
- C. In Indian culture, the self is generally separated from one's own group.
- D. Western cultures are characterized as individualistic.
- E. In the Indian culture, individual members of the group do not maintain their individuality.

Choose the correct answer from the options given below:

- A A, B, D only
- B B, C, E only
- C A, D, E only
- D B, C, D only

**Question: 13**

Identify the correct features related to the Projective Techniques.

- A. The stimuli are relatively or fully unstructured and poorly defined.
- B. Scoring and interpretation are easy so that they reveal a significant aspect of personality.
- C. The respondent is informed that there are no correct or incorrect responses.
- D. The respondent is usually not told about the purpose of assessment and method of scoring.
- E. These are fairly structured measures that require respondents to give response in 'yes' or 'no'.

Choose the correct answer from the options given below:

- A A, C, D only
- B C, D, F only
- C E, A, B only
- D B, C, D only

**Question : 14**

The \_\_\_\_\_ is demanding, unrealistic and works according to the pleasure principle.

- A Id
- B Ego
- C Supergo
- D Hyperego

**Question : 15**

Arrange the following stages of psychosexual development in the right sequence.

- A. Phallic Stage
- B. Latency Stage
- C. Oral stage
- D. Anal Stage
- E. Genital Stage

Choose the correct answer from the options given below:

- A E, A, B, C, D
- B C, D, A, B, E
- C A, C, D, B, E
- D D, A, E, B, C

**Question : 16**

Arrange following life events in terms of decreasing stress level (Holmes and Rahe)

- A. Change in eating habits
- B. Illness of a family member
- C. Appearing for examinations
- D. Unexpected accident
- E. Death of a close family member

Choose the correct answer from the options given below:

- A D, A, C, B, E
- B B, E, D, A, C
- C E, D, B, C, A
- D C, A, E, D, B

**Question : 17**

Raman has very high expectations from himself related to his performance in competitive exams. Due to this, he is always under stress. Raman is facing which type of stress?

- A Social stress
- B Psychic stress
- C Psychological stress
- D Physical stress

**Question : 18**

'Eustress' means:

- A Response or reaction towards stressful situation
- B Bad or negative side of stress
- C Good or positive side of stress
- D Strain



**Question : 19**

The assessment of damage that has already been done by a stressful event is called \_\_\_\_ according to Lazarus and his colleagues.

- A Loss
- B Harm
- C Threat
- D Physical Damage

**Question : 20**

\_\_\_\_\_ is a subjective experience that uses imagery and imagination in order to effectively deal with stress.

- A Creative Visualization
- B Biofeedback
- C Relaxation
- D Free Association

**Question : 21**

Which of the following statements are TRUE for depression ?

- A. Men are at risk during young adulthood, while for women the risk is highest in early middle age.
- B. Genetic makeup plays no role in depression.
- C. Depression leads to a feeling of excessive guilt.
- D. Lack of social support can lead to depression.
- E. Women are more likely to report a depressive disorder.

Choose the correct answer from the options given below:

- A C, D, E only
- B A, B, E only
- C A, D, B only
- D B, C, D only

**Question : 22**

The following disorders are under the category of neurodevelopmental disorders :

- A. Autism Spectrum Disorder
- B. Conduct Disorder
- C. Attention-Deficit/Hyperactivity Disorder
- D. Specific Learning Disorder
- E. Somatic Symptom Disorder

Choose the correct answer from the options given below:

- A B, C, A only
- B B, C, A only**
- C A, C, D only
- D E, A, B only

**Question : 23**

Seema is unable to control her preoccupation with specific ideas. She is unable to prevent herself from repeatedly thinking that her hands are dirty. This interferes with her daily activities. Seema has :

- A Anxiety Disorder
- B Depression
- C Schizophrenia
- D Obsessive Compulsive Disorder**

Question : 24

Match List I with List II

List I (Model)	List II (Cause of Abnormal Behaviour)
A. Psychodynamic	I. Irrational and illogical thinking
B. Humanistic-Existential	II. Maladaptive learning
C. Behavioural	III. Meaninglessness and inauthenticity
D. Cognitive	IV. Intrapsychic forces

Choose the correct answer from the options given below:

- A A-I, B-II, C-III, D-IV
- B A-IV, B-III, C-II, D-I
- C A-IV, B-III, C-I, D-II
- D A-II, B-III, C-IV, D-I

Question : 25

Match List I with List II

List I (Concept)	List II (Characteristics)
A. Verbal Aggression	I. Impairment in social interaction and communication skills, and stereotyped patterns of behaviours, interests and activities
B. Oppositional Defiant Disorder	II. Name calling, swearing
C. Specific Learning Disorder	III. Age inappropriate amount of stubbornness, defiance, disobedience, etc.
D. Autism Spectrum Disorder	IV. Difficulty in perceiving or processing information accurately manifested in problems with reading, writing and/or Maths

Choose the correct answer from the options given below:

A A-IV, B-III, C-I, D-II

B A-II, B-III, C-IV, D-I

C A-I, B-III, C-II, D-IV

D A-II, B-I, C-III, D-IV

**Question : 26**

Jung's personality theory describes which of the following constructs ?

- A Psychosexual stages
- B Archetypes
- C Personal goals
- D Social desirability

**Question : 27**

Exorcism i.e. removing the evil residing in the individual through counter magic and prayer is still commonly used. This can be explained by the \_\_\_\_\_ perspective.

- A Biological
- B Supernatural
- C Interactional
- D Psychological

**Question : 28**

Which of the following is not an eating disorder :

- A Bulimia Nervosa
- B PTSD
- C Anorexia Nervosa
- D Binge Eating

**Question : 29**

Which of the following does NOT help in strengthening students' self esteem ?

- A Goals for the students should be general and unmeasurable.
- B Providing opportunities for development of physical, social and vocational skills.
- C Establishing a trustful communication.
- D Accentuating positive life experiences.



**Question : 30**

Main features of ADHD are \_\_\_\_\_.

- A Low intelligence and inattention
- B Lack of communication skills and low intelligence
- C Inattention and lack of communication skills
- D Inattention and Hyperactivity

**Question : 31**

Raju's deceitful behavior is non-aggressive but he violates the property rights of others by stealing. He is most likely to be diagnosed with \_\_\_\_\_.

- A Oppositional defiant disorder
- B Impulse control disorder
- C Hyperactivity disorder
- D Conduct disorder

**Question : 32**

Sandeep and Harish are a part of the school football group. They are committed to the game and have developed a passion for it. Harish is the leader and he owns responsibility for their efforts. Thus, they both are a part of :

- A Audience
- B Mob
- C Team
- D Performers

**Question : 33**

Which of the following is NOT true about conformity ?

- A When the group is large, it is easier to not conform as deviant cannot be easily noticed.
- B When a task requires an answer that can be verified, there will be greater conformity.
- C When the group is small, there is greater conformity.
- D Less conformity is found under private expression than under public expression.

**Question : 34**

Groups usually go through different stages of group formation as given by Tuckman.

- A. Group members develop norms related to group behavior.
- B. Group moves towards achieving the group goal.
- C. People meet and try to know each other and assess whether they will fit in.
- D. The group may be disbanded after goal is achieved.
- E. There is conflict between members about how to achieve the target of the group.

Choose the correct answer from the options given below:

- A D, C, A, B, E
- B C, A, D, B, E
- C D, A, C, B, E
- D C, E, A, B, D

**Question : 35**

Match the concepts in List I with their characteristics in List II

List I (Concept)	List II (Description)
A. Environment	I. Refers to literally everything that surrounds us including the physical, social, cultural of work environment
B. Ecology	II. Deals with psychological issues pertaining to human-environment interaction
C. Environmental Psychology	III. Refers to the creativity of the human mind, as expressed in the work of architects and town planners
D. Environmental Design	IV. Refers to the study of relationship between living beings and their environment

Choose the correct answer from the options given below:

- A A-I, B-III, C-II, D-IV
- B A-I, B-IV, C-II, D-III
- C A-II, B-IV, C-III, D-I
- D A-III, B-II, C-I, D-IV

**Question : 36**

\_\_\_\_\_ refers to the ability to understand the plight of another person and feel the same as the other person.

- A Sympathy
- B Compassion
- C Empathy
- D Insight

**Question : 37**

When the source of the message takes ideas, gives them meaning and puts them into message forms, it is referred as: \_\_\_\_\_.

- A Decoding
- B Noise
- C Encoding
- D Paraphrasing

**Question : 38**

The consistency between current and past patterns of behavior, as well as harmony between verbal and non-verbal communication is termed as \_\_\_\_\_.

- A Communication
- B Cluster
- C Paraphrasing
- D Congruency

**Question : 39**

Pre-existing groups which an individual is born into, are called \_\_\_\_\_.

- A Formal groups
- B Outgroup
- C Primary group
- D Secondary group

**Question : 40**

When a person is brought up in a belief system that itself is the cause of poverty, then the belief system is known as \_\_\_\_\_.

- A Poverty cycle
- B Culture of poverty
- C Poverty pyramid
- D Social disadvantage

**Question : 41**

**Passage:**

**Read the passage and answer the questions that follow :**

Kavita has an irrational fear of going to the unfamiliar places. She avoids going to enjoyable picnics and excursions due to this fear. She wants to pursue psychology for which she has to move to a metropolitan city. She is worried about her fear of new places. Finally after thinking over the present situation and her goal of pursuing psychology, she decides to take help of a psychologist who uses behavioristic approach to treat her.

According to psychodynamic therapy, which factor is the cause of Kavita's disorder ?

- A Faulty learning
- B Intrapsychic conflicts
- C Faulty cognitions
- D Faulty living

**Question : 42**

Identify the disorder that Kavita is suffering from.

- A Anxiety Disorder
- B Panic Disorder
- C Separation Anxiety Disorder
- D Agoraphobia

**Question : 43**

Which of the following will be suitable therapeutic technique for Kavita to help her overcome the fear of unfamiliar places ?

- A Transference
- B Systematic Desentization
- C Logo therapy
- D Bio-medical therapy

**Question : 44**

Which principle is most likely followed in the therapy to treat Kavita ?

- A Insight Principle
- B Emotional Intelligence
- C Reciprocal Inhibition Principle
- D Life Instinct Principle

**Question : 45**

According to Behavior therapy, what is the main cause of Kavita's problem ?

- A Genetic causes
- B Intrapsychic conflicts
- C Existential anxiety
- D Faulty learning



**Question : 46**

**Passage:**

**Read the passage and answer the questions that follow:**

Pratap lost his young son due to a pothole accident some years ago. He decided to turn his pain into a purpose and now social media users are calling him a hero without a cape. For the last three years, Pratap has been filling up potholes in the city to ensure that no one else suffers the same fate. Pratap also starts planting trees in the city as he believes that environment is not simply for use by human beings but needs to be respected and valued. For this, he takes inspiration from a very famous movement in the Uttarakhand region which aimed to conserve forests. He also starts helping the poor in the community and observes that these poor people believe that they will continue to remain poor. Such beliefs have been passed on from one generation to another. He decides to change these beliefs by developing an advertisement in which he shows a pressure cooker that saves fuel and hence can help save money.

Pratap developed a negative attitude towards roads with potholes. Which of the following factor is responsible for this ?

- A Family and school environment
- B Reference groups
- C Personal experiences
- D Media related influences

**Question : 47**

Which view of human-environment relationship does Pratap believe in ?

- A Minimalist perspective
- B Maximal perspective
- C Instrumental perspective
- D Spiritual perspective

**Question : 48**

Pratap gets inspiration from which environment conservation movement of Uttarakhand that was aimed to conserve forests ?

- A Rainbow movement
- B Red Vest movement
- C Chipko movement
- D Bishnoi community movement

**Question : 49**

The poor people in the community believe that they will always remain poor. This belief system is referred to as \_\_\_\_\_

- A Poverty cycle
- B Culture of poverty
- C Absolute poverty
- D Relative poverty

**Question : 50**

What kind of appeal does Pratap use in the advertisement ?

- A Emotional appeal
- B Congruent appeal
- C Rational appeal
- D Incongruent appeal